



**Ikibano cabarwayi, abarezi  
ninzobere muvubuvuzi  
baharanira uburenganzira  
bwabantu babaho bafise  
Indwara ya Sickle Cell muri  
Australia**



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Gitewe inkunga na:  
Reta ya Victoria  
Igisata co Muyobozi wa Victoria Nibiro Vyiwe.

Udutabo twanditswe na ASCA dusubirwamo na muganga wumuhinga muvamaraso y'abakuru n'abana (adult and paediatric haematologist).

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**Australian Sickle  
Cell Advocacy**

**Ikiyobora Umuvyeyi Nabarezi  
kubijanye n'Idwara ya Sickle Cell**



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## INDWARA YA SICKLE CELL N'IKI ?

- Imigwi y'indwara zamaselile atukura yamaraso umuntu avana kubavyeyi (RBC) ziva kuri haemoglobin itameze neza (Hb S)
- Irashika igihe amagene atameze neza abiri avukanwa nkumurage, imwe iva kuri buri muvyeyi.
- Ibimenyetso vya SCD biterwa ahanini nuko RBC's zahindutse nkumuhoro, bikavamo amaselile yamaraso agumye, ataramba kandi afata ateye nkumuhoro.
- Kandi iterwa noguhaguruka kwamaselile yumweru yamaraso (WBC) namaplaquette ahava agatera ingorane zifise isano nukwangirika gahorogahoro kwibihimba.
- Abantu bafise SCD bashobora kugira ingorane harimo ibihe vyububabare buhambaye cane (vaso-occlusive crisis)



## IBIMENYETSO BISABA UBUVUZI:

- Ugire amakenga ubonye ibimenyetso vyihoma – abanyeshuri bagomba kurondera ubufasha bwa muganga kugira batahure ivyago vyumusonga nizindi ndwara ziva kuri bakiteri kuberako Indwara ya Sick Cell ibashira mu vyago viri hejuru cane.
- Ibihe vyububabare – bikunze kuba mubana bafise indwara ya Sick Cell. Burashobora gushika ahariho hose mumubiri nugukara gushobora gutandukana. Abarimu bagomba kwumviriza igihe umwana aganyako ababara. Nimba ububabare bworoshe canke buri ahagati amashuri ashobora kwemerera umunyeshuri kuruhuka mbere yuko asubira mwishuri. Nimba ububabare bukaze cane, abavyeyi bagomba kumenyetswa kandi/canke umunyeshuri agomba kujanja kubitaro. Strokes
- Stroke – Indwara ya Sick Cell nimwe mu mpamvu zikunze gutera stroke (accident vasculaire cerebral) mubana. Abarimu bagomba gukurikirana ibimenyetso bifise isano na stroke harimo: kubabara umutwe cane, ikizweze, ihinduka ingene umuntu abona, intanguro inyarutse yintege nkenya mu gihimba canke uruhande rwumumaso, ikinya, gucakananirwa kuvuga n'igicure.

## IVYIYUMVIRO VYOGUFASHA WEWE NKUMUVYEYI / UMUREZI

- Shiraho gahunda yukwita kumwana imukwiye .
- Saba isango ugire inama na mwarimu wumwana wawe muyage kuri SCD.
- Menyesha abarimu ibijanye na 504 plan canke Individualized Education Plan (IEP).
- Ugurura inzira yokuganira nabarimu.
- Menyesha abarimu ivyerekeye ihinduka ku magara yumwana wawe.

For more information

[https://www.cdc.gov/ncbddd/sicklecell/documents/tipsheet\\_supporting\\_students\\_with\\_scd.pdf](https://www.cdc.gov/ncbddd/sicklecell/documents/tipsheet_supporting_students_with_scd.pdf)  
<https://www.cdc.gov/ncbddd/sicklecell/index.html>

## IBIBAZO BIKUNZE KUBAZWA ABARIMU BASHOBORA KUKUBAZA

### Indwara ya sickle cell irandura?

- Oya, ntushobora kwandura indwara ya sickle cell nkibicurane. Indwara ya sickle cell nindwara umuntu avukana ayivanye kubavyeyi biwe.

### Kuberiki umwana wawe asib'ishuri cane?

- Umuntu ufise indwara ya sickle cell akeneye kubonwa na muganga kenshi kuruta abandi banyeshuri, ubwo ashobora kuba ari kwisango rya muganga.

### Kuberiki abantu bafise indwara ya sickle cell bagira amaso yumuhondo?

- Sick cell ituma amaselile atukura yamaraso yumurwayi apfa ningoga kurusha ayumuntu udafise indwara ya sickle cell. Amasoye ashobora gusa numuhondo kubera ikintu kirekurwa igihe amaselile atukura yamaraso ari gucikagurika.

### Kuberiki umunyeshuri ufise indwara ya sickle cell ashobora kugumana icupa ryamazi kumeza yiwe kwishuri canke gusohoka kenshi kuja kwibomba ryamazi nuku musarani?

- Amazi arongerwa ubunini bwumutsi ivyo bigatuma amaselile ateye nkumuhoro atemba mumitsi yamaraso vyoroshe.

### Kuberiki abana bafise indwara ya sickle cell baba bato canke ntibakure cane nkanabandi bana ?

- Kugira ngo umubiri wumwana ukure unaterimbere, ogisijeni ihagije irakenewe mumubiri hose. Imiterere numubare muke wa RBC's zumwana ufise SCD bishobora gutuma ogisijeni iba nke mu bice vyose vyumubiri , ivyo bigatuma ugukura kwiwe kuba guke.