## Sickle Cell Disease Tips for Healthy Living

## **Emergency Guide: When To See the Doctor**

It is very important that every person or family with a young child with sickle cell disease have a plan for how to get help immediately, at any hour, if there's a problem. Be sure to find a place that will have access to your medical records or bring a copy.

## Go to an emergency room or urgent-care facility right away for:

- Fever above 38 degrees celcius
- Difficulty breathing
- Chest pain
- Abdominal (belly) swelling
- Severe headache
- Sudden weakness or loss of feeling and movement
- Seizure
- Painful erection of the penis that lasts more than 4 hours

## Call a doctor right away for:

- Pain anywhere in the body that will not go away with treatment at home
- Any sudden problem with vision

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